Lauren Flaherty, Sonoma State University to the University of Northern Colorado

The National Student Exchange (NSE) provides opportunities for you, as an undergraduate, to study for up to one calendar year at another NSE member college or university. With nearly 190 colleges and universities from which to choose, you should be able to find a campus with just the right combination of courses, facilities, and environment to meet your personal and academic needs and interests. As you consider the possibilities, notice that NSE extends beyond the borders of the United States to include U.S. territories as well as some Canadian provinces. Students participate in order to:

- Broaden personal and educational perspectives
- Explore and appreciate new cultures
- Widen university boundaries
- Take courses not offered at the home campus
- Learn from different professors
- Access courses with different perspectives
- Explore new areas of study
- Experience personal growth
- · Break out of their comfort zones
- Live in a different geographic area
- Acquire life skills
- Investigate graduate or professional schools
- Look for future employment opportunities
- Become more independent and resourceful

If you qualify for participation, you will join the more than 85,000 students who have been placed in life-changing exchange situations which challenged their thinking, expanded their educational and personal experiences, and encouraged them to take risks and reap the rewards of doing so.

Discover a Program Which Will Change Your Life!

Eligibility

Each year more than 3000 students participate in NSE. They continue to make progress toward home campus degree programs while studying in new places, meeting new people, and enrolling in specialized courses or unique academic options which may not be available on their home campuses.

Exchange participation is a privilege, not a right. Listed below are the minimum requirements for NSE participation.

- Full-time enrollment at the home campus prior to exchange
- Cumulative 2.5 GPA (4.0 scale) or better
- Good standing (academic, personal, and financial)

There may be additional requirements and/or restrictions on exchange participation imposed by your home and/or host campus. You can learn of these from your campus NSE coordinator and from the *NSE Directory*.

Length of Exchange

You may participate in NSE for a single term or a full academic year. Some campuses can accommodate summer exchange. The maximum cumulative total for exchange participation may not exceed one calendar year.

Courses and Grades

Your home campus determines the manner in which your host campus courses are distributed and grades are recorded. Consult with your academic advisor regarding course selection prior to going on exchange and preferably during the time you are exploring possible host campuses. A written advising agreement, indicating how work completed at the host campus will fit into your home campus degree program, must be completed after placement and prior to leaving for your exchange site.

Cost

There are two tuition payment plans utilized by NSE. Under Plan A, you pay the in-state (resident) tuition/fees to your host campus. Students who participate on Plan B pay their normal tuition/fees to their home university. On both tuition payment plans, fees which are assessed as a condition of enrollment (e.g., laboratory courses, general service, computer, technology, art and photography supplies) are paid to your host campus.

Room and meals are always paid to your host campus. You are responsible for transportation, personal expenses, and sightseeing opportunities while on exchange.

With some exceptions, financial aid for eligible students is applied for, awarded by, and disbursed from the campus at which tuition/fees are paid. Ask your NSE coordinator.

Exploring Participation

The following are helpful resources as you consider exchange participation and select an appropriate exchange location.

- Meet with your NSE coordinator.
- Study the NSE Directory.
- Review member campus catalogs and course descriptions. (links at www.nse.org)
- Consult your academic advisor.
- Consider how much flexibility you have regarding course selection.
- Discuss participation with parents and significant others.
- Determine if financial resources are sufficient for your exchange.
- Talk to your financial aid counselor.

Application Process

Apply for exchange through your home campus NSE coordinator. The process includes a *non-refundable application fee,* a current transcript, letters of recommendation, goal statements for your exchange, biographical data, and a personal interview.

In addition to the eligibility criteria, other factors which may be considered in the application process include your flexibility, the ability to adapt to short-term relocation, clear academic and personal goals, support of your academic department, and a willingness to be a positive representative of your home campus to your exchange college or university.

Placement

Most placements are made through the negotiation of home and host coordinators at NSE's annual conference in early March. Annually, 97% of the applicants are placed at one of their campus choices. Placement probabilities are governed by the number of openings at an institution and the number of students seeking that location.

After Placement

Placements are confirmed by signing a *Placement Acceptance Form.* Upon receipt of the form, the host NSE coordinator will forward enrollment materials which usually include a housing application, an institutional admissions form, and registration information. All materials must be completed and returned by stated deadlines. At the end of the term preceding exchange you must have maintained all eligibility requirements applicable at the time of your application or your exchange will be cancelled.

2007- 2008 Members

Alabama A & M University (A/B) Alabama State University (A/B) Tuskegee University (B)
University of Alabama (A/B)
ALASKA

University of Alaska Anchorage (A/B) University of Alaska Fairbanks (A/B) University of Alaska Southeast (A/B)

ARIZONA

Northern Arizona University (A/B) University of Arizona (B)
ARKANSAS

Arkansas State University (A/B) CALIFORNIA

California Polytechnic State University. San Luis Obispo (A/B)
California State Polytechnic University,

Pomona (A/B) California State University, Bakersfield (A/B)

California State University, Chico (A/B)
California State University, Chico (A/B)
California State University, East Bay (A/B)
California State University, Fresno (A/B)
California State University, Los Angeles (A/B)
California State University, Monterey Bay (B)

California State University, Northridge (A/B)
California State University, San Bernardino (A/B)

Humboldt State University, (A/B)
San Jose State University (A/B)
Sonoma State University (A/B)
COLORADO

Adams State College (A/B) Mesa State College (A/B)

University of Colorado at Colorado Springs (B) University of Northern Colorado (B) Western State College of Colorado (A/B)

Western State College of Colorado (A/B)
CONNECTICUT
Eastern Connecticut State University (B)
University of Connecticut (B)
DISTRICT OF COLUMBIA

Howard University (B)

FLORIDA Florida International University (A/B)

New College of Florida (B)
University of South Florida (A/B)
University of West Florida (A/B)
GEORGIA

University of Georgia (B) Wesleyan College (B) GUAM

University of Guam (A/B) **HAWAII**

University of Hawaii at Hilo (A/B) University of Hawaii at Manoa (A/B) IDAHO

Boise State University (A/B) Idaho State University (A/B) University of Idaho (A/B)

ILLINOIS

Eastern Illinois University (A/B)
Illinois State University (A/B)
Northeastern Illinois University (A/B)

Ball State University (B)
Indiana University-Purdue University
Fort Wayne (B) Indiana University-Purdue University Indianapolis (B)

INCIANAPORIS (B)
IOWA
Iowa State University (A/B)
University of Northern Iowa (B)
KANSAS

Fort Havs State University (B)

Kansas State University (B Wichita State University (B)

Wichita State University (b)
KENTUCKY
Morehead State University (B)
Murray State University (A/B)
University of Kentucky (B)
University of Louisville (B)

LOUISIANA

Grambling State University (A/B) Louisiana State University (A/B) Louisiana Tech University (B) Southern University (A/B) University of New Orleans (A/B)

MAINE

University of Maine (A/B) University of Maine at Farmington (B) University of Maine at Presque Isle (A/B) University of Southern Maine (A/B)

MARYLAND Bowie State University (B) St. Mary's College of Maryland (B)

Towson University (B)
MASSACHUSETTS MASSACHUSETTS
Bridgewater State College (A/B)
Massachusetts College of Liberal Arts (A/B)
Suffolk University (B)
University of Massachusetts
at Amherst (A/B)
University of Massachusetts

at Boston (A/B) Westfield State College (A/B)
MICHIGAN

MICHIGAN
Ferris State University (B)
Michigan Technological University (B)
MINNESOTA

Minnesota State University, Mankato (B)
Minnesota State University Moorhead (A/B) University of Minnesota, Morris (A/B) University of Minnesota, Twin Cities (A/B)

MISSISSIPPI

Jackson State University (A/B) Mississippi State University (B) MISSOURI

Missouri State University (A/B) University of Missouri-St. Louis (A/B) MONTANA

MUNI ANA
Montana State University (A/B)
University of Montana (A/B)
NEBRASKA
University of Nebraska at Kearney (A/B)
NEVADA

University of Nevada, Las Vegas (A/B) University of Nevada, Reno (A/B) NEW HAMPSHIRE

Keene State College (B)
Plymouth State University (B)
University of New Hampshire (B)
NEW JERSEY

Ramapo College of New Jersey (A/B) Rutgers College, Rutgers University (A) The College of New Jersey (A/B) William Paterson University

of New Jersey (A/B)

NEW MEXICO

Eastern New Mexico University (B)

New Mexico Institute of Mining

and Technology (B)
New Mexico State University (B) University of New Mexico (B)

NEW YORK Binghamton University (A/B) Hunter College,

City University of New York (A/B)

Queens College, City University of New York (A/B) Skidmore College (B) * Stony Brook University (A/B)

SUNY College at Buffalo (A/B) SUNY College at Potsdam (A/B)

SUNY Plattsburgh (A) NORTH CAROLINA North Carolina Central University (A/B)
North Carolina State University (A/B)
University of North Carolina at Asheville (B)
University of North Carolina

at Wilmington (B) Bowling Green State University (B) Cleveland State University (A/B) Kent State University (B) OKLAHOMA

East Central University (A/B)
Oklahoma State University (A/B)

Eastern Oregon University (A/B) Oregon State University (A/B) Portland State University (A/B)
Southern Oregon University (A/B)
University of Oregon (A/B)
Western Oregon University (A/B)
PENNSYLVANIA

California University of Pennsylvania (A/B) East Stroudsburg University of Pennsylvania (A/B)

Indiana University of Pennsylvania (A/B) Kutztown University of Pennsylvania (A/B) West Chester University of Pennsylvania (A/B)

* membership pending

PUERTO RICO

Inter American University of Puerto Rico, San German (A/B) Universidad del Sagrado Corazon (A/B) University of Puerto Rico, Bayamon (A/B) University of Puerto Rico, Cayey (A/B) University of Puerto Rico, Humacao (A/B) University of Puerto Rico, Mayaguez (A/B)
University of Puerto Rico, Rio Piedras (A/B)
RHODE ISLAND

Rhode Island College (B) University of Rhode Island (A/B) SOUTH CAROLINA

College of Charleston (B) South Carolina State University (B) University of South Carolina (B) Winthrop University (B) SOUTH DAKOTA

Northern State University (B) South Dakota State University (A/B) University of South Dakota (A/B)

East Tennessee State University (A/B) Tennessee State University (A/B) University of Memphis (A/B)
University of Tennessee (A/B)
University of Tennessee at Chattanooga (A/B)
University of Tennessee at Martin (B)

Prairie View A&M University (A/B)
Texas A & M University (A/B)
Texas State University - San Marcos (A/B) University of North Texas (A/B)
University of Texas at El Paso (A/B)
University of Texas at El Paso (A/B)
University of Texas at San Antonio (A/B)
U.S. VIRGIN ISLANDS

University of the Virgin Islands at St. Croix (A/B) University of the Virgin Islands at St. Thomas (A/B) University of the Virgin Islands at St. Thomas (A/B)

Southern Utah University (A/B) University of Utah (A/B) Utah State University (A/B) Utah Valley State College (A/B)

VERMONT Johnson State College (A/B)

Virginia State University (B) WASHINGTON Central Washington University (A/B)
University of Washington (A/B)
Washington State University (B)
Western Washington University (A/B)

WEST VIRGINIA Fairmont State University (A/B) Marshall University (B)

West Virginia University (A/B)
WISCONSIN

University of Wisconsin-Eau Claire (B)
University of Wisconsin-Green Bay (B) University of Wisconsin-Oshkosh (B) University of Wisconsin-Platteville (B) University of Wisconsin-River Falls (B) University of Wisconsin-Superior (B) University of Wisconsin-Whitewater (B)
WYOMING

University of Wyoming (A/B)

CANADA

ALBERTA

University of Calgary (B) BRITISH COLUMBIA Simon Fraser University (A/B)
University of Northern British Columbia (A/B)
NEWFOUNDLAND AND LABRADOR Sir Wilfred Grenfell College (B)
NOVIA SCOTIA Cape Breton University (A/B) QUEBEC Bishop's University (B)
Universite de Sherbrooke (B) SASKATCHEWAN University of Regina (A/B)
University of Saskatchewan (A/B)

A = Students pay in-state (resident) tuition/fees to their host campus. **B** = Students pay normal tuition/fees to their home campus

A/B = Campus uses both payment plans.



Two roads diverged in a wood. and I -I took the one less traveled by. and that has made all the difference.

Robert Frost

FOR MORE INFORMATION CONTACT:

Diane Tupa Cleveland State University University Center, Room 304 (216) 687-6914 d.tupa@csuohio.edu

NSE is the ultimate college experience!

Going away not only creates a sense of independence, but every door of life is opened culturally, academically, and socially.

Michelle Ankenbauer SUNY College at Buffalo to the University of South Carolina



STUDY AT ANOTHER UNIVERSITY IN THE UNITED STATES OR CANADA