



# SUPPORT GROUP



## FOR STUDENTS WITH BIPOLAR DISORDER

- Receive support from other CSU students with similar experiences
- Give support to other CSU students with similar experiences
- Feel like you have someone who understands what it is like to attend CSU while living with Bipolar Disorder
- Just for students with a diagnosis of Bipolar Disorder\*\*

Meets every other Tuesday in the Counseling Center (RT 1235) from noon to 1pm

**First three 2009 meetings:  
January 20, February 3, February 17**

Facilitated by:

Lou Sauer, Ph.D., Counseling Center Psychologist

Todd Seibert, M.A., Counseling Center Psychology Intern

Lindsay Varkula, M.A., Office of Disability Services

Join us for a meeting or contact the Counseling Center at 687-2277 or Disability Services at 687-2015 for more information.

\*\*This group is a support group (not a psychotherapy group) and is not meant to take the place of your current individual therapy, group therapy, and/or medication (if applicable)