

Wednesdays
February 29th—March 28th

Learn new ways to set up and maintain healthy boundaries in school, work, and personal relationships.

A cartoon illustration of a man in a brown suit and red shoes jumping over a gap between two dark, jagged cliffs. The man is in mid-air, with his arms outstretched forward and his legs bent. The background is a solid light blue. The cliffs have green grass on their edges.