

Cleveland State University
College of Health
Associate of Applied Science in Sport and Exercise Studies Pathway to Bachelor of Science in Health Science

SUGGESTED SEQUENCE AT TRI-C	
First Semester	Credits
ENG 1010 College Composition I	3
HLTH 1100 Personal Health Education	3
SES 1001 Introduction to Sport and Exercise Studies	2
SES 1040 Teaching Exercise Training Techniques	3
BIO 1500 Principles of Biology I	4
PE 1000 Personal Fitness OR PE 1010 Personal Strength Development OR PE 1020 Weight Training	1-2
Total	16-17
Second Semester	Credits
MATH 1410 Elementary Probability and Statistics I	3
SES 2000 Essentials of Sports Injury Care	3
SES 2310 Advanced Training Concepts and Techniques	3
BIO 2331 Anatomy and Physiology I	4
PSY 1010 General Psychology	3
HLTH 1230 Standard First Aid and Personal Safety OR HLTH 1320 CPR-AED for Healthcare Professionals	1
Semester Total	17
Third Semester	Credits
SES 2100 Sport and Exercise Physiology	3
SES 2410 Exercise Testing and Prescription	3
SES 2500 Health and Wellness Coach Cert. Prep	3
BIO 2341 Anatomy and Physiology II	4
ENG 1020 College Composition II	3
Semester Total	16
Fourth Semester	Credits
DIET 1200 Basic Nutrition	3
SES 2130 Kinesiology	3
SES 2420 Advanced Exercise Testing and Prescription	3
SES XXXX Sport and Exercise Studies Elective	3
SES 2840 Practicum: Sport and Exercise Studies	2
Semester Total	14
Associate of Applied Science Degree Awarded	63-64

Honors courses are acceptable where available

Pre-requisites: College-ready in Math and English.

2 years of the same foreign language completed in high school
Students who do not meet these pre-requisites may need to complete additional credits.

Students who plan to complete an AAS at Tri-C, then transfer to CSU to complete the BSHS are encouraged to enroll in the Tri-C/CSU Dual Enrollment Admission program. This map represents one example of how to complete the AAS and BSHS degrees. Students should work closely with counselors/advisors at both institutions to discuss options.

CSU DEGREE REQUIREMENTS	
<i>*Courses to be taken through CSU or Tri-C</i>	Credits
PHIL 240 Health Care Ethics (PHIL 2050 at Tri-C)	3
HSC 203 Medical Terminology (MA 1010 or 1020 at Tri-C)	1
**Math	3
**Arts and Humanities (Cannot be from PHIL)	3
General Elective	3
General Elective	3
General Elective	3
General Elective	3
General Elective	3
General Elective	3
General Elective	3
General Elective	0-1
Total	27-28

MUST BE TAKEN THROUGH CSU	
First Semester	Credits
HSC 305 Culture and Health Care	3
Area of Emphasis Elective	3
Area of Emphasis Elective	3
Area of Emphasis Elective	3
Writing Across the Curriculum	3
Semester Total	15

Second Semester	Credits
Health Science Capstone	3
Writing Across the Curriculum-within major	3
Area of Emphasis Elective	3
Upper Division Elective	3
Upper Division Elective	3
Semester Total	15
Bachelor of Science in Health Science Awarded	120

*Once an associate degree is earned, additional courses taken at Tri-C may not be eligible for financial aid. Please see Financial Aid for details.

** Refer to the transfer guide for Tri-C options:
<https://www.csuohio.edu/transfer-guides/tric-health>

A grade of C or higher is required in English Composition courses and all Health Science major requirements.

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CSU requires a minimum of 120 total credit hours for graduation. At least 30 credits must be completed in-residence at CSU. At least 24 upper division (300/400) level credits must be earned through CSU coursework. Students deficient in total credits or in-residence must take additional elective credits to meet the minimum requirements. Depending upon other elective choices made, students may not need as many general electives as indicated above or may need additional electives.

New college students may be required during their first semester to participate in GEN 1070, First Year Success Seminar, a one credit hour course. See a Tri-C Counselor for details.