

ACCULTURATION, SELF-EFFICACY, AND EMOTION REGULATION AMONG CHINESE INTERNATIONAL STUDENTS

TEXAS TECH UNIVERSITY, COUNSELOR EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, LEADERSHIP, & COUNSELING

WHAT IS THIS RESEARCH STUDYING?

The purpose of this dissertation research study is to understand the perceptions of Chinese international undergraduate college students regarding their academic self-efficacy, social self-efficacy, and emotional self-regulation abilities during acculturation and adjustment

WHY PARTICIPATE?

You will have the opportunity to share your perspective on the unique challenges of studying abroad regarding acculturation, self-efficacy, and emotion regulation

WHO CAN PARTICIPATE?

You may qualify to participate if you are enrolled in a higher education institution in the United States as an undergraduate student, studying abroad from China, and have completed a minimum of one semester of study in the United States.



You will receive a \$25 total Amazon gift card for your time

We will send a \$25 Amazon gift card after the interview.

You will receive the gift card even if they skip parts of the research or stop participating.

Participation is voluntary.

Your decision to participate, not participate, or withdraw in the research will not impact your employment status or academic standing.

Participation will involve a 10-minute demographic information survey and 90-minute interview

- The 10-minute demographic information survey can be completed on your own, before or after the interview, either online or in person.
- The 90-minute interview can be completed either in person or online via Zoom.
- Before the survey/interview, we will review the consent process during a brief phone call and schedule a convenient time/date/location to meet for the interview.

I would like to record the audio and video of the interview. The audio and video recording will help me ensure the accuracy and completeness of the information.

Your participation is completely voluntary, and you can stop at any point in the study.

Your decision to participate, not participate, or withdraw in the research will not impact your employment status or academic standing.

Ready to learn more?

To take the next steps, please contact **Tran Le (432-363-5891)** or email tran.n.le@ttu.edu

Questions about the research?

For questions about the research, please contact the Principal Investigator:

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