

TRIO

Bi-weekly Newsletter

Upcoming Events

SUCCESS COACH PICNIC
Wednesday, 9/21 from 11-1 PM @ WH lawn

TRIO ADVISORS OUT OF THE OFFICE 9/21-9/23
Email trioadvising@csuohio.edu for assistance

GET OUT THE VOTE
Tuesday, 9/27 11:30 AM-12:30 PM @ SC Ballroom

A BETTER YOU WITH TRIO
Zoom chill yoga and guided relaxation on Monday, 10/3 from 3:30-4:30 PM

Fall 22 CSU Academic Calendar

TRIO Event Calendar

Please join us for our first

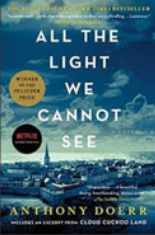

Success Coach Picnic!

WED 21 September	Location: WH Lawn Free food and games Bring your own blanket	11 AM to 1 PM
------------------------	--------------------------------------------------------------------	---------------------

Success Coach Picnic

Join us on the big lawn between Berkman Hall + Washkewicz Hall. We will have food and games!

RSVP HERE
if you are joining our book club event in October

TRIO BOOK CLUB

THIS MONTH WE ARE READING:

All the Light We Cannot See

email Jenna to get a copy of the book j.n.martinez@csuohio.edu

Come ready to discuss the book. **NEW**
 Thursday, October 20th
 11:15 AM-12:15 PM
 TRIO office BH 110


A BETTER YOU WITH TRIO

**CHILL YOGA
 + GUIDED
 RELAXATION**

VIRTUAL ON ZOOM ON MONDAY, 10/3
 3:30 PM-4:30 PM



CSU News & Announcement:
Student Debt Relief Program



The Biden Administration's Student Loan Debt Plan

FORGIVING DEBT

\$20,000 if you went to college on Pell Grants	\$10,000 if you didn't receive Pell Grants
------------------------------------------------	--------------------------------------------

Forgiveness only applies to those earning less than \$125,000

Student loan pause extended one final time through Dec 31, 2022

PAYMENT BASED ON INCOME

If you have undergraduate loans, you can cap repayment at 5% of your monthly income