

# EMPOWER YOURSELF

Rape Aggression Defense Systems program presented by  
the Cleveland State University Police Department



Join the CSUPD and CSU REC Center in learning realistic self-defense in the event of attack. In the 4 part training, participants will learn risk reduction, strategies, and basic principles of defense led by a certified R.A.D. Instructor.

**Location:** CSU Recreation Center  
2420 Chester Ave.  
Cleveland, OH 44115

## Course Dates

April 11<sup>th</sup> 10:00am-1:00pm

April 12<sup>th</sup> 10:00am-1:00pm

April 18<sup>th</sup> 10:00am-1:00pm

April 19<sup>th</sup> 10:00am-1:00pm

To sign up, visit the CSUPD page at <https://www.csuohio.edu/police/rad-training-0>



216.687.2020

