



EMPOWER YOURSELF R.A.D.

**Women's
Self-
Defense**

Rape Aggression Defense Systems



Join the CSUPD and CSU Rec Center to learn self-defense tactics. In this *two-part* training course, participants will learn risk reduction strategies and basic principles of defense led by a certified R.A.D. instructor. *Both sessions are required.*



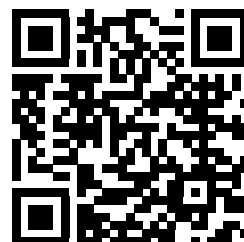
**FRIDAY,
JAN. 19,**
1–5 P.M.

AND

**SATURDAY,
JAN. 20,**
12:30–4:30 P.M.

CSU RECREATION CENTER

2420 Chester Ave., Cleveland, OH 44115



**REGISTER
TODAY!**

csuohio.us/rad-training