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# *Celebrating 50 Years of Success!*

**TRIO/Student Support Services**  
Established in 1970!  
**Cleveland State University**



## **TRIO CREED**

*Today is a new day, and I will become what I dream. Today, I will be committed to being the best I can be. Today, I will be determined to see what others don't see in me. In order to reach my goals, I have to believe in me. Today, I will no longer live in fear, resist change or stop dreaming. I will become what I dream today!*

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**George Bovell, Director**

Director's Message:

As we look forward to a new semester, let me warmly welcome all new and returning students to the TRIO family. It's hard to believe that the holiday season is already over and a new semester is about to begin. I hope you had a restful, enjoyable and peaceful summer break.

For some of you this is your first year at CSU, while for others this will be your last year with us. Whatever your status, we are glad to welcome you back! You never know what new blessings this new academic year might bring to your lives and educational goals. I am optimistic that you are just as excited to get back to your studies to complete the necessary work toward the attainment of your college degree.

Congratulations to all of our students who did well academically during the 2019-2020 academic year. All of your hard work and perseverance paid off. Well done!

To the incoming class, my advice to you is very simple, especially if you want to join our list of outstanding graduates:

- Go to class!
- Work hard! Study hard and often!
- Get involved! Join a club, and of course participate in our TRIO workshops.

Remember that students who become more involved have a greater chance of graduating than those who don't!

Above all - Set high goals, follow your dreams, believe in yourself and think BIG. If you do this no one can stop you from achieving your goals. So make the most of it and make good choices.

Remember that your friendly and professional TRIO staff is ready to assist you with renewed vigor and enthusiasm.

Again, I am happy to welcome you to begin or continue your journey, and best wishes to you on a successful and peaceful spring 2020 semester.

Welcome and I look forward to seeing you at our TRIO workshops!

TRIO Works!

# Meet the TRIO Team!

## Staff Members



**Jordan Listenbee, Academic Advisor**



**Angela Mulby, Academic Advisor**



**Marina Bregu, Academic Advisor**



**Neete Saha, Academic Advisor**



**Kristy Neff, Administrative Secretary**



**Jason Gardner, Academic Advisor**

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***Make sure to visit one of our TRIO Success Coaches to learn the keys to success such as: time management, note-taking, resume-building, and more. They will supply you with the resources you need to be successful, just obtain a referral from your academic advisor. Also, be sure to attend the Success Coach Series events listed on our TRIO events schedule.***



**Hannah Tackett**

Majors: Pre-Occupational Therapy and  
Psychology

*"Always do what you're passionate about and keep a positive attitude!"*



**Marissa Ostromek**

Major: Anthropology  
Minor: History

*"Pack a lunch/ major in what you want, not what your family wants!"*



**Aisha Ibrahim, Graduate Student**

Major: Clinical Mental Health Counseling

*"Never be ashamed or embarrassed to ask for help a 2nd or 3rd time!"*



**Cali Parey**

Major: Theatre

*"Sit in the front of the class, go to your professor's office hours, and USE YOUR PLANNER!"*

**Klarissa Zeno, Graduate Student**  
Major: Clinical Mental Health Counseling

*"If you ever feel discouraged or feel*

[Subscribe](#)[Past Issues](#)*like giving us. Remember who YOU started!*[Translate](#) ▾[RSS](#) 📡

## **Tutors**

***Tutoring is one of the services that the TRIO Student Support Services provides to ensure student success. We provide tutoring in English, science, business and nursing prerequisite courses. All TRIO students are able to receive one hour long tutoring session per subject per week.***



**Rachel Tacchite**

Major: Nursing

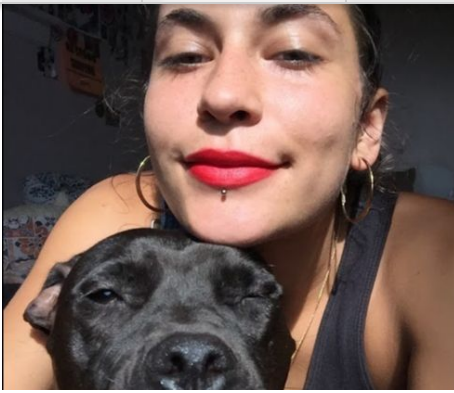
*"Don't put off until tomorrow what you can do today!"*



**Isaac Aidja**

Major: Biology

*"Sleep more than you study and study more than you go out!"*

[Subscribe](#)[Past Issues](#)[Translate ▾](#)[RSS !\[\]\(950a62bbddad88d64435fd35607dfc42\_img.jpg\)](#)**Giulia Clark**

Major: English

*"Make an active effort to forget the ideal of being a typical student. Find ways to go outside of the box and create a new experience for yourself!"*

**Caitlin Gold**

Major: Nursing

*"Make sure you take time for yourself when you need it and enjoy the experience. College is a marathon not a sprint, it's important to pace yourself because burnout is very real and very taxing!"*


**Joanne Giang**

Major: Finance

*"Go to class, do the work and if a class is too difficult, get help because it not only benefits you on exams/homework, but in the long run as well!"*


## **Congratulations to our Fall 2019 Dean's List Students!**

Subscribe	Past Issues	Guilford Kevin Hoang	Steve Lindsey	Johnson Muranda	Riya Sahil	Patel Patel	Translate ▾	RSS 
	Matthew	Huskey	Crystal	Beaulieu	De Verra	Lambert		
	Gabrielle	Miguel	Amir	Williams	Ana	Petrovic		
	Rymwen	Mil	Asha	Robinson	Gianna	Velez		
	Courtney	Gast	Kernesha	Greene	Sakiya	Bigsby		
	Laila	Terkawi	Katherine	Perry	Ali	Moukdad		
	Tessa	Pawluk	Valencia	Williams	Martha	Flores Sanchez		
	Bosky	Dhaliwal	Julia	Zimmermann	Cody	Ricottone		
	Ann	Tushar	Austin	Lawrence	Sierra	Adrover		
	Bhawana	Bhujel	Xhulja	Gjika	Kyle	Wiesmore		
	Asiri	Samarasekera	Christian	Smith	David	Richeson-Orr		
	Lauren	Egensperger	Imani	Stephens	Amal	Hani		
	Marie-Louise	Hatem	Amanda	Light	Elizabeth	Hani		
	James	Ludwig	Katherine	Lewicki	Amy Marie	Sahlani		
	Ameera	Meri	Amanda	Lovejoy	Dhruvi	Patel		
	Geetha	Somarouthu	Victor	Rosa	Aysha	Straka		
	Nick	Kundrat	Uchenna	Anekwe	Danya	Al-TaHER		
	Rachelle	Miller	Karra	Howard	Alisar	Makki		
	Francesca	Gould	Austin	Shrimplin	Hannah	Shahan		
	Aaron	Rosen	Kayla	Pitman	Thong	Vo		
	Sandra	Haswani	Taylor	Slivka	Richelle	Thomas		
	Sade	Vega	Remy	Fababe	Abby	Bennington		
	Sami	Mafargeh	Emely	Vazquez	Nadine	Gabriel		
	Uma	Subedi	Emily	Azzam	Ola	Abuhamdeh		
	Jessica	Giang	Cali	Parey	Marissa	Tischler		
	Ermonela	Muhameti	Savannah	Lewis	Marissa	Dieleman		
	Marija	Srdic	Jiaxuan	Yang	Abdel-Kareim	Abid		
	Madison	Zastawny	Taylor	Novak-Freier	Skyler	Miner		
	Samantha	Salamon	Mohammed	Farraj	Hannah	Tackett		
	Grisselle	Rodriguez	Kayla	Barillas	Audrey	Hochstetler		
	Morghan	Nedrich	Kacey	Rasp	Becca	Ross		
	Rachel	Tacchite	Mojarai	Johnson	Brittany	Henke		
	Hana	Shaheen	Kelley	Carter	Adham	Jaber		
	Alexis	Brown	Natalie	Zielinski	Anjali	Shaji		
	Troy	Ackley	Brieonna	Hansana	Marybeth	Duke		
	Omar	Wahdan	Aleksandar	Sinanovic	Sunny	Gill		
	Jillian	Keddie	Kayla	Burnworth	Michail	Haswani		
	Katarina	Ivicevic	Ramziah	Khaled	Josue	Avila		
	Allison	Durham	Barehan	Sharaf	Jose	Veliz		
	Alexandria	Hamilton	Yasmine	Zayed	Megan	Michalak		

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		Alison	Keller	Utkarsh	Patel		
		Alexia	Suarez	Joseph	Walsh		
		Jordan	Kopf	Sara	Bunjaku		
		Nuhr	Abbas	Brianna	Burwell		
		Zacora	McCullough	Roanne	Abusway		
		Semra	Dervisevic	William	Solnosky		
		Alfonso	Santana	Janell	Craig		
		Jandy	Mil	Isaac	Aidja		
		Christian	Isom	Elizabeth	Pendergrass		
		Vicky	He	Andrea	Arnold		
		Natalie	Hall	Eliseiana	Soto Rodriguez		
		Sara	Groetsch	Mohammed	Wahdan		
		Sadie-Marie	Wright	Grace	Meyer		
		Allyssa	Brand-Bey	Ebony	Mynatt		
		Zoe	Trumphour	Alexander	Conklin		
		Ilyssa	Freiburger	Maralisse	Cedres		
		Nathan	Donaldson	Valerie	Hayes		
		Mays	Moukdad	Abdifatah	Hassan		
		Jack	Perish	Jha'tier	Robinson		
		Kameran	Puster	Aladdin	Mifalani		
		Parsu	Adhikari	Mia	Fine		
		Jewel	Henegar	Amora	Kovach		
		Khorshid	Mohammad Massud	Dynasty	Moorer		
		Wencheng	Li	Mackenzie	Hajduk		
		Mousa	Zaghari	Gabrielle	Blackford		
		Kylie	Armstead	Sandy	Mikhail		
		Harry	Quinones	Maria	Habean		
		Atia	Najjar	Claire	Gaglione		
		Jimar	Curry	Samantha	Palacios		
		Sarah	Almassri	Sara	Saleh Terkawi		
		Claire	Falkov-Gomer	Katura	Pleasant		
		Dmitrii	Kuzmin	Joanne	Giang		
		Carlie	Wotton	Mohamed	Najjar		
		Lily	Stockbridge	Alyssa	Durma		
		Sammantha	Mitcham	Giulia	Clark		
		Victoria	Schaefer	Gabriela	Quintano		
		Rachel	Miller	Hannah	Caruso		
				Sarah	Gasiewski		
				Amina	Meri		

**Looking for a Tutor?**  
**Schedule an Appointment with your TRIO Advisor**  
**to Sign up for Tutoring!**



Subscribe	Past Issues	TRIO Tutoring Availability and Subjects	Translate ▾	RSS 												
<table border="0"> <tr> <td><b>Isaac Aidja (15 hours)</b></td> <td><b>Subjects:</b></td> </tr> <tr> <td>Monday: 8:00 am-1:00 pm</td> <td>BIO 200/202- Introductory Biology 1&amp;2</td> </tr> <tr> <td>Tuesday: 2:00 pm – 5:00 pm</td> <td>CHM 261/262- General Chemistry 1&amp;2</td> </tr> <tr> <td>Wednesday: 8:00 am-1:00 pm and 4:00 pm – 5:00 pm</td> <td>CHM 331/332- Organic Chemistry 1&amp;2</td> </tr> <tr> <td>Thursday: 8:00 am – 9:00 am</td> <td></td> </tr> </table>					<b>Isaac Aidja (15 hours)</b>	<b>Subjects:</b>	Monday: 8:00 am-1:00 pm	BIO 200/202- Introductory Biology 1&2	Tuesday: 2:00 pm – 5:00 pm	CHM 261/262- General Chemistry 1&2	Wednesday: 8:00 am-1:00 pm and 4:00 pm – 5:00 pm	CHM 331/332- Organic Chemistry 1&2	Thursday: 8:00 am – 9:00 am			
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Wednesday: 8:00 AM – 12:00 PM	CHM 261/262															
Friday: 9:00 AM – 12:00 PM	STA 147															

## Spring 2020 Events: Save the Dates!

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# TRIO/SSS

## SPRING 2020 SCHEDULE OF EVENTS

### JANUARY

#### TRIO Welcome Back Breakfast

Thursday, January 23rd  
Time: 8:30am – 10:30am  
Location: BH 110

#### TRIO Monday Mentoring & Motivation

Monday, January 27th  
Time: 12:00pm – 12:45pm  
Location: BH 110

#### Career Conversations with Career Services

Thursday, January 30th  
Time: 10:00am – 1:00pm  
Location: BH 110

### FEBRUARY

#### Key to Financial Aid & Scholarships with KeyBank Scholars

Tuesday, February 4th  
Time: 11:30am -12:30pm  
Location: FT 303 (Ballroom)

#### Success Coach Series: Self-Love

Thursday, February 6th  
Time: 1:00pm – 3:00pm  
Location: BH 110

#### Valentine's Day Social

Thursday, February 13th  
Time: 11:00am – 1:00pm  
Location: SC 311 Ballroom (A-D)

#### TRIO Monday Mentoring & Motivation

Monday, February 24th  
Time: 12:00pm – 12:45pm  
Location: BH 110

#### Career Conversations with Career Services

Monday, February 24th  
Time: 1:00pm – 3:00pm  
Location: BH 110

#### TRIO Day of Service / Greater Cleveland Food Bank

Thursday, February 27th  
Time: 4:00pm – 6:00pm  
Location: BH 110

### MARCH

#### TRIO Celebrates Non-Traditional Students

Thursday, March 5th  
Time: 11:30am – 1:00pm  
Location: BH 110

#### Key to Careers & Grad School Prep w/KeyBank Scholars

Thursday, March 19th  
Time: 11:30am - 12:30pm  
Location: FT 303 (Ballroom)

#### TRIO Monday Mentoring & Motivation

Monday, March 23rd  
Time: 12:00pm – 12:45pm  
Location: BH 110

#### Success Coach Series: Cultural Event

Thursday, March 26th  
Time: 1:00pm-3:00pm  
Location: BH 110

#### TRIO Financial Literacy Workshop

Tuesday, March 31st  
Time: 11:00am – 12:00pm  
Location: SC 313/315

### APRIL

#### Career Conversations with Career Services

Thursday, April 2nd  
Time: 10:00am – 1:00pm  
Location: BH 110

#### First Gen Ice Cream Social

Wednesday, April 8th  
Time: 2:00pm-4:00pm  
Location: BH 110

#### TRIO Monday Mentoring & Motivation

Monday, April 13th  
Time: 12:00pm – 12:45pm  
Location: BH 110

#### TRIO Graduation Celebration

Wednesday, April 15th  
Time: 5:00pm – 8:00pm  
Location: SC 311 Ballroom (A-D)

#### Blue Man Group @ Playhouse Square

Friday, April 17th  
Time: 6:00pm – 10:00pm  
(Depart BH 110 at 7:00pm, show starts at 7:30pm)

#### Career Conversations with Career Services

Monday, April 20th  
Time: 1:00pm – 3:00pm  
Location: BH 110

#### Student Affairs Annual Award and Recognition Ceremony

Thursday, April 30th  
Time: 6:30pm  
Location: SC Ballroom (A-D) \*Subject to change




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