



Erin Parr-Horlings CASAC

Clinical Supervisor

**Patient Engagement
Center Team
(716) 831-1800**

horizon-health.org

SPECIALIZING IN :

Cannabis Use Disorders
Positive Psychology
Harm Reduction Principles
Cannabis and Mental Health
Adolescents and Young Adults
Dual Disorders Treatment
Understanding Psychosis

Our Mission

Together for Recovery.
Changing Lives. Saving Lives.

About Me

Erin is a Clinical Supervisor, CASAC, and graduate from the Master of Counselling Psychology program at Yorkville University. Erin also holds a Bachelor's Degree in Psychology and a Post-Graduate Diploma in Addiction Treatment & Prevention. Born and educated in Canada, she has made Buffalo her new home professionally and personally. With over 18 years of clinical experience in substance use and dual disorders, Erin has developed a unique person-centered approach to treatment with a strong emphasis on patient, family, and community engagement. Erin has quite accidentally but enthusiastically embraced her role as the "Weed Girl" by nature of her clinical work's focus on the psychological effects of cannabis use and brain health across the lifespan. Her clinical experience includes 10 years as an Addiction Specialist in the Early Intervention Psychosis field supporting both adolescents and their families. Parlaying her extensive clinical and academic knowledge of cannabis into a series of presentations, she has become an in-demand speaker providing trainings and workshops within the healthcare, criminal justice, and educational sectors. Erin is passionate about providing accurate and engaging information on the intersection between cannabis, mental health, addiction, harm reduction, public safety, and the changing legal status of this complex substance. Her dedication to health education has resulted in the development of a new Cannabis Awareness Group curriculum for Horizon patients, which has been very well received. Erin is thrilled to be an active member of Horizon's Speakers Bureau Program.

About Us

Horizon Health Services:

Providing High Quality, Personalized, and Confidential Therapy

Horizon Health Services provides specialty counseling services designed to meet the needs of the Western New York community. Our patients receive personalized and confidential care from highly trained and experienced clinical experts in the fields of mental health, substance use, and psychiatry.



Horizon
HEALTH SERVICES