

Clinic Services Menu

- ◆ Individual Counseling
- ◆ Academic Coaching
- ◆ Wellness Counseling
- ◆ Career Assessment & Planning
- ◆ College Transition Assistance
- ◆ Support Groups



The Counseling & Academic Success Clinic is a clinical training center for graduate-level counseling students in the CSU Counseling Program working under the supervision of L. Claire Campbell PCC-S, ATR., Clinic Director.

Location: Main Classroom 215D
(located on the second floor on the northwest side of MC)

Email: casc@csuohio.edu

Phone: 216-687-9325

Service days and hours:

Monday – Thursday 10 - 6pm

Claire Campbell, PCC-S, ATR
Clinic Director

Graduate Counseling Trainees

The Counseling & Academic Success Clinic

Supporting students to
achieve their academic and
personal best



*Cleveland State University
College of Education &
Human Services*

WHO WE ARE:

The Counseling & Academic Success Clinic is a free, confidential, supportive counseling, and coaching center available to students of Cleveland State University.

Staffed with graduate counseling student interns, under supervision of the clinical director; the clinic provides support and guidance in navigating the typical concerns of today's busy college student.

Our values in providing excellent care are guided by identifying the unique strengths of each student, while supporting the development and utilization of positive coping skills to enhance and promote both personal and academic success.

COME GROW WITH US.

WHAT WE DO:

The Counseling & Academic Success Clinic is an on campus resource providing free, supportive counseling, and coaching services to undergraduate and graduate students of Cleveland State University.

Staffed by trained Graduate Counseling Student Interns, the clinic provides a warm, welcoming, and confidential environment for students to engage in effective decision making, success planning and self-exploration with the help of a supportive counselor.

Some common student concerns addressed are:

- ◆ Anxiety and depression management
- ◆ Acquiring healthy coping skills
- ◆ Effective time management
- ◆ Relationship difficulties
- ◆ Stress management
- ◆ Career concerns
- ◆ Goal setting
- ◆ Personal growth and wellness
- ◆ Academic barriers, including procrastination

HOW TO RECEIVE SERVICES:

Please contact the Counseling & Academic Success Clinic at 216.687.9325 or email casc@csuohio.edu to request an initial appointment with a counselor, ask questions, and together determine if the services available will best serve your needs.

We look forward to supporting you with your academic and personal goals!

*Cleveland State University
College of Education & Human Services*

Main Classroom

2121 Euclid Avenue, MC 215D

Phone – (216) 687-9325

Email – casc@csuohio.edu

Afternoon and Evening appointments are available