

# ***HAVE YOU BEEN FEELING:***

*Sad and down?*

*Tense and fatigued?*

*Constantly Worried  
about, Family,  
money, health?*



*Anxious and  
fearful?*

*Irritable or  
restless?*

*No joy in your  
life?*

**THIS COULD BE MORE THAN THE BLUES  
OR NORMAL STRESS**

GET A **FREE SCREENING FOR ANXIETY AND  
DEPRESSION**

**GET FREE INFORMATION ABOUT CAUSES,  
TREATMENT & MORE....  
IT ONLY TAKES 5 MINUTES**

**NATIONAL ANXIETY SCREENING PROGRAM  
WEDNESDAY, MARCH 19, 2014**

**MAIN CLASSROOM**

**ROOM 102**

**10 a.m. ~ 2 p.m.**

This event is open to CSU Students, faculty and staff  
For More Information call 687-2277  
Sponsored by: The CSU Counseling & Testing Center