

SUGGESTED SEQUENCE AT TRI-C

First Year

Fall Semester	Credits	Spring Semester	Credits
ENG 1010/101H College Composition	3	MATH 1410 Elementary Probability and Statistics I or MATH 1530 College Algebra	3
BIO 1500 Principles of Biology I	4	BIO 2331 Anatomy and Physiology I	4
HLTH 1230 Standard First Aid and Personal Safety or HLTH 1310 Cardiopulmonary Resuscitation or EMT 1310 Cardiopulmonary Resuscitation	1	SES 1201 Fitness and Wellness Coaching	3
HLTH 1100 Personal Health Education	3	SES 2000 Essentials of Sports Injury Care	4
SES 1001 Introduction to Sport and Exercise Studies	2	SES 2310 Advanced Training Concepts and Techniques	3
SES 1040 Teaching Exercise Training Techniques	3		
Semester Total	16	Semester Total	17

Second Year

Fall Semester	Credits	Spring Semester	Credits
PSY 1010 General Psychology or PSY 101H Honors	3	DIET 1200 Basic Nutrition	3
ENG 1020 College composition II or ENG 102 H Honors	3	SES 2130 Kinesiology: Fundamentals of Human	3
BIO 2341 Anatomy and Physiology II	4	SES 2420 Advanced Exercise Testing and Prescription	3
SES 2100 Sport and Exercise Physiology	3	SES 2320 Group Fitness Instructor	3
SES 2410 Exercise Testing and Prescription	3	SES 2840 Practicum: Sport and Exercise Studies	2
Semester Total	16	Semester Total	14
Total minimum credits earned at Tri-C			62
Associate of Applied Science Awarded			

SUGGESTED SEQUENCE AT CSU

Third Year

Fall Semester	Credits	Spring Semester	Credits
Arts and Humanities course focused on Africa, Asia,	3	HED 360 Health Promotion at the Workplace	3
MTH 116 Foundation of Quantitative Literacy	3	HED 475 Nutrition and Physical Activity	3
PED 325 Physiology of Exercise	3	PED 494 Biomechanics	3
HPR 250 Diversity and Sport	3	PED 439 Therapeutic Recreation/Disability	3
DAN 201 Introduction to Dance	3	PED 328 Legal/Admin of PE/Sport	3
PED/PES Physical Skill Course	1	PED/PES Physical Skill Course	1
Semester Total	16	Semester Total	16

Fourth Year

Fall Semester	Credits	Spring Semester	Credits
PED 466 Sport/Fitness Facility Management	3	PED 445 Gateway to the Profession	3
PED 472 Physiology of Aging	3	PED 480 Internship	8
HED 450 Theories of Health Behavior	3	PED/PES Physical Skill Course	1
HPE 415 Evaluation in Health and Human Performance	3		
PED 471 Exercise Programs for Special Populations	3		
Semester Total	15	Semester Total	12
Bachelor of Science in Education Degree Awarded			121

Additional Information:

Pre-Requisites:

College-ready in Math and English

2 years of the same foreign language completed in high school

Students that do not meet these pre-requisites may need to complete additional credits

CSU classes; some offered only once a year; some offered more than once a year, including summer

Students must complete 30 credit hours of college-level work, have a 2.50 cumulative GPA, earn a C or better in college-level English and Math courses, and earn a C or better in all major courses to meet the admission requirements to take Education courses at CSU

CSU requires a minimum of 120 total credit hours for graduation. At least 30 credits must be completed in-residence at CSU. At least 24 of the in-residence credits must be completed at the upper division (300/400) level. An overall total of 42 upper division (300/400) level credits are required. Students deficient in total credits or in-residence must take additional elective credits to meet the minimum requirements. Depending upon other elective choices made, students may not need as many general electives as indicated above, or may need additional electives.

Students who do not complete the Associate of Applied Science degree are responsible for the completion of the entire General Education Requirements at Cleveland State University.

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This map represents one example of how to complete the AS and BA degrees. Students should work closely with counselors/advisors at both institutions to discuss options.