

## **Loyola College of Social Sciences**

Founded in 1963, Loyola College of Social Sciences is affiliated with the University of Kerala. The College is managed by the Kerala Province of the Society of Jesus. It offers post graduate courses in Sociology, Social Work and Personnel Management and besides the doctoral programme, Loyola College is recognized as a centre of research. A full-fledged Extension Department, Loyola Extension Services, Loyola Journal of Social Sciences and regular research activities characterize the contributions of Loyola College to the nation. True to the Jesuit traditions, Loyola College strives to reach the benefits of higher education to the people, especially the marginalized. MAGIS, excellence, remains the hallmark of the Loyola Institutions.

### **Participation and Registration Details**

We have only limited seats and we offer a subsidized **registration fee of 150/-** on a first come first served basis. Soon after the symposium pick up arrangements will be made to Bus and Railway stations.

The registration will entitle you to entrance to the sessions, lunch and tea, and a certificate of participation only.

If anyone wants accommodations, kindly make a specific request.

**How to reach Loyola College:** The College is located at Sreekariyam on the National Highway 47, ten kms away from The Central Railway Station, KSRTC Bus Stand and the International Airport. Pre-paid autos are available at the Railway station. If you take a bus from the city, alight at Sreekariyam junction and take an auto rickshaw. Rate Rs. 10/-

*Send your registration and other communications to*

**THE PRINCIPAL  
INTERNATIONAL SYMPOSIUM ON  
HEALING ACROSS CULTURES: LEARNING FROM TRADITIONS**

**Loyola College of Social Sciences  
Thiruvanthapuram, Kerala, India**

**Phone Numbers: 0471 2592059, 2591018; Fax: 0471 2591760**

**Mobile: 9447739189, 9447657758**

**Email: lcsstvm@asianetindia.com, Web: www.loyolatvm.org**

## **International Symposium**

**on**

**HEALING ACROSS CULTURES:  
LEARNING FROM TRADITIONS**

**July 5, 2007**

**Loyola College of Social Sciences  
Thiruvanthapuram, Kerala, India**

### *Sponsors*

**Cleveland State University, Cleveland, Ohio, USA**

**University of South Carolina, South Carolina, USA**

**University of Ottawa, Ottawa, Canada**

**Baker Heart Institute, Melbourne, Australia**

**Loyola College of Social Sciences, Thiruvanthapuram**

## PROGRAMME

**5 July 2007, 11.00 am – 5.00 pm**

- Registration : 10.00 am
- Welcome and Introduction : **Rev. M.K. George SJ, Ph.D.**  
Principal, Loyola College of Sciences
- Inaugural Address : **Dr. Hareendran Nair**  
Managing Director. (Ay.) Pankajakasturi
- Thematic Overview : **Todd Pesek, M.D.**  
Director, Center for Healing Across Cultures,  
Cleveland State University

### Invitational paper presentations:

1. *'Healing Traditions of Maya People of Central America'* - **Todd Pesek, MD**  
Director - Center for Healing Across Cultures, Cleveland State University
2. *'Lifestyles and Healing Approaches in Ayurveda'* – **Dr. Surendran Nair, M.D**  
(Ay.), Principal (Rtd.) Ayurveda College, Thiruvananthapuram
3. *'Appalachian Mountain Folk Healing Traditions of the Southeastern US'* -  
**Lonnie Helton, Ph.D.** Associate Professor, School of Social Work, Cleveland  
State University
4. *'Siddha Tradition of Healing'* – **Dr. Manu Joseph M.D.**, Managing Director,  
Edison Sidha Centre, Thiruvananthapuram
5. *'Soul Therapy'*- **Nicholas Cooper-Lewter, Ph.D.**, Professor, School of Social  
Work, University of South Carolina
6. *'Nature Ecology and Healing -Tribal Medical Lore in Kerala'* - **Antony  
Palackal Ph.D.**, Faculty, P.G. Department of Sociology, Loyola College of  
Social Sciences, Thiruvananthapuram
7. *'Zar Spirit Belief of North Africa'* - **Ron Reminick, Ph.D.**, Professor of  
Anthropology, Cleveland State University and Fulbright Scholar, U.S.A
8. *'Where Do We Go From Here'* – **Prof. Murali Nair Ph.D.**, Professor &  
Director, India Studies, Cleveland State University, Ohio, U.S.A.

Dear Friends,

The health and wellness of the individual and collective levels are reliant on the integrated effects of mind, body, and spirit. This triad is intricately set within a backdrop of the environment, our earth. As described by modern medicine, western cultures often disregard this holism, especially the fourth component. This practice is unlike that of many of the traditional cultures in the world. Traditional healers exist in all cultures. For millennia their 'practice wisdoms' have been valued by society at large as they facilitate personal, communitarian and cosmic health and wellness in a true sense.

It is time to appropriately learn from age-old societies and their healing traditions for they seem to have answers we are seeking in sustainability, harmony, environmental stewardship, holistic health and earth democracy. Prompted by this calling of the time, we intend to bring together experts from scientific and medical communities with a diverse body of traditional healers with a view to develop and facilitating positive change.

### Objectives:

- Developing different approaches to collecting information about the concepts of health and wellness in different cultures.
- Elucidating information on belief systems of different cultures regarding wellness.
- Recording information from traditional healers for the benefit of future generations.
- Initiating dialogue and action among international scholars, complementary and alternative medicine practitioners, and traditional healers of diverse cultural groups.
- Applying focus on similarities and differences in formal medical training and the traditions of cultural medical practices for the development of new curricula.
- Developing mutually beneficial learning engagements and ways to proceed in true healing.
- Developing strategies for the conservation of culture, biodiversity and ecological integrity - all inextricably intertwined with true healing.

**We cordially invite you to the Symposium.**

**Rev. MK George SJ, PhD**  
Principal, Loyola College

**Prof. Murali Nair PhD**  
India Studies, CSU