

The
University
of Akron

College of
Nursing

Center for Gerontological
Health Nursing and Advocacy



Northeastern Ohio Universities
COLLEGES OF MEDICINE & PHARMACY

Confusion About Confusion: What Is Delirium And What Should You Do About It?

**Interdisciplinary Conference on Delirium -
Inclusive presentations for Physicians, pharmacists,
nurses, psychologists, social workers and other healthcare
professionals.**

**Friday, Sept. 12, 2008
8 a.m. - 4:30 p.m.**

**The University of Akron Student Union
303 Carroll St., Akron, OH 44325
330-972-4636**

Co-sponsored by:

Akron General Medical Center

Kent State University College of Nursing

MetroHealth Medical Center

Northeastern Ohio Universities
Colleges of Medicine and Pharmacy

Summa Health System

The University of Akron
College of Fine and Applied Arts
and

Institute for Lifespan
Development and Gerontology

Western Reserve Geriatric Education Center

Accreditation Statement

This activity has been planned and implemented in accordance with the Policies of the Accreditation Council for Continuing Medical Education (ACCME) and/or the Accreditation Council for Pharmacy Education (ACPE); through the joint sponsorship of Northeastern Ohio Universities Colleges of Medicine and Pharmacy and Akron General Medical Center, Summa Health System, MetroHealth Medical Center, Western Reserve Geriatric Education Center, The University of Akron College of Fine and Applied Arts and the Institute for Lifespan Development and Gerontology, and Kent State University College of Nursing. Northeastern Ohio Universities of Colleges of Medicine and Pharmacy is accredited by the ACCME and the ACPE to provide continuing education.

Medicine: Northeastern Ohio Colleges of Medicine and Pharmacy designates this educational activity for a maximum of 6.5 *AMA PRA Category 1 CreditsTM*. Participants should only claim credit commensurate with the extent of their participation in the activity.



Pharmacy: The Northeastern Ohio Universities Colleges of Medicine and Pharmacy is approved by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This activity has been assigned ACPE # 479-999-08-018-L01-P and will accredit 6.5 contact hours (0.65 CEUs) of continuing pharmacy education.



Nursing: Summa Health System Hospitals (OH-060/6-1-11) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), and accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity will award 6.0 contact hours.

Psychology: Northeastern Ohio Universities Colleges of Medicine and Pharmacy is approved by OPA-MCE to offer mandatory continuing education for psychologists and maintains sole responsibility for the program. This course is approved for mandatory continuing education for psychologists by the Ohio Psychological Association for 6.5 contact hours.

Social Work: Northeastern Ohio Universities Colleges of Medicine and Pharmacy, an approved provider (#RSX98733), designates this activity as meeting criteria for 6.5 contact hours to satisfy the license renewal of continuing education requirements for social workers.

Criteria for receiving professional credit include submission of attendance verification and completion of program evaluation.

**The University of Akron
Student Union
College of Nursing
Center for Gerontological Health Nursing and Advocacy
Special Event Parking**

**Sept. 12, 2008
7 a.m. - 5 p.m.**

***Not valid at meters or visitor parking areas**

****Valid at handicap spaces ONLY with Ohio placard**

(Tear along the dotted line and place on the dashboard of your car.)

Agenda

8 – 8:30 a.m. Registration and Continental Breakfast

Morning Session

8:30 a.m. Welcome – Rose Beeson, Ph.D., RN

8:35 – 8:45 a.m. Opening Remarks – Harvey Sterns, Ph.D.

8:45 – 10:15 a.m. **Confusion About Confusion: What Is Delirium and What Should You Do About It?**
Edward R. Marcantonio, M.D., SM
Beth Israel Deaconess Medical Center

10:15 – 10:30 a.m. Question and Answer Session

10:30 – 10:45 a.m. Break

10:45 -11:45 a.m. **The Perils of Polypharmacy in Older Adults**
Sue Fosnight, R.Ph., CGP, BCPS
Summa Health System

11:45 – noon Question and Answer Session

noon - 1 p.m. Lunch in Ballroom B

Afternoon Session

A panel of experts will respond to an interactive case study modeling inter-professional approaches to assessment, interventions, and possible outcomes.

Panel Coordinator - Rose Beeson, Ph.D., RN

Panel Participants:

Diane Ailor, CNS, RN, MetroHealth Medical Center

Kyle Allen, DO, AGSF, Chief, Div. Internal Medicine, Medical Director, Post-Acute Senior Services,
Assoc. Dir., Center for Senior Health, Summa Health System

Jean Briggs, RN, MSN, Akron General Visiting Nurse Service and Affiliates

Mollie Costigan, MSN, RN, Ace Unit, Summa Health System

Denise Ertle, MSN, RN, CNS, High Risk Care Management Supervisor, Area Agency on Aging, 10B

Ann Haas, ACSW, LISW, Clinical Social Work, Akron General Medical Center

Carolyn Holder, MSN, GCNS-BC, Geriatrics Coordinator Post-Acute/Senior Services,
Ace Model Manager, Summa Health System

Anita Meehan, RN, MSN, CNS, NICHE Model Manager, Akron General Medical Center

Eugene Pfister, M.D., Certified Geriatrician, Dir., Internal Medicine, Akron General Medical Center

Amy Rybarczyk, Pharm.D., Pharmacotherapy Specialist, Internal Medicine, Akron General Medical Center

Michael Shaub, Pastoral Care, Summa Health System

Kathy Wright, MSN, GCNS-BC, PMHCNS-BC, Advance Practice Nurse, AD Life Care Manager,
Summa Health System

1 – 1:45 p.m. **Part A – Emergency Department through Acute Care**

1:45 – 2 p.m. Question and Answer Session

2 – 2:15 p.m. Break

2:15 – 3:30 p.m. **Part B - Transitional Care**
Part C – Post-Acute Care (Home & Community Resources)

3:30 – 3:45 p.m. Question and Answer Session

3:45 – 4:30 p.m. Closing Summary and Evaluations - Harvey Sterns, Ph.D.

Keynote Speaker



Edward R. Marcantonio, M.D., SM is the director of research for the Division of General Medicine and Primary Care at the Beth Israel Deaconess Medical Center and associate professor of medicine, Harvard Medical School. An internationally recognized expert and NIH-funded clinical investigator, his focus is on prevention and management of delirium in surgical patients and across the continuum of care. Highlights of his work include the clinical prediction rule for delirium after elective non-cardiac surgery, the identification of meperidine as a major risk factor for delirium following surgery, and a randomized controlled trial of proactive geriatrics consultation that resulted in a one-third reduction of delirium. In addition to more than 50 original research articles, Marcantonio has written numerous clinical reviews, book chapters and practice guidelines on delirium. He is a recipient of a Paul Beeson Physician Scholarship in

Aging Research and received American Geriatrics Society's 2003 Outstanding Achievement in Scientific Investigation Award. Marcantonio chairs the Aging Systems and Geriatrics Study Section of the National Institutes of Health.

Second Morning Speaker

Sue Fosnight, R.Ph., CGP, BCPS, is a pharmacotherapy and geriatrics pharmacy specialist with interests in geriatric care in both the acute care and outpatient settings. She is a member of the Acute Care for the Elderly (ACE) Team at Summa Health System and is the pharmacy consultant for the After Discharge Care Management of Low Income Frail Elderly Trial (Ad-Life Trial). Fosnight is also an assistant professor of pharmacy practice at the Northeastern Ohio Universities Colleges of Medicine and Pharmacy.



Learning Objectives

By the end of this session, the participant will be able to:

- Discuss the impact of delirium on population health.
- Discuss the diagnosis, management and prevention of delirium in older adults.
- Describe the clinical implications of current research on delirium.
- Describe the physiologic changes of aging that should be factored into prescribing medication.
- Discuss the role of polypharmacy in the development of delirium.
- Identify high-risk medications that should be avoided for older adults.
- Describe the roles of the physician, nurse, social worker, pharmacist, case manager and family members in the identification, prevention and management of delirium across the care continuum.

Registration Information

Cost:

\$60 participants or \$25 students

(includes refreshments, lunch, conference materials and CEUs)

Mail Registration form with payment to: The University of Akron

The Center for Gerontological Health Nursing and Advocacy

Akron, OH 44325-1915

Or fax registration information to: 330-972-8675 (credit card payment only).

Registration required. Form and payment must be received by Sept. 3, 2008.

Refunds will be granted through Aug. 12, 2008.

Contact Melinda Roembke, College of Nursing, The University of Akron, Akron, OH 44325-3701

Phone 330-972-5547 Fax 330-972-5737

Local Accommodations:

Quaker Square Inn at The University of Akron, 153 S. Broadway, Akron, OH 44308

330-253-5970 (Hotel Front Desk) or <http://www.quakersquare.com>

Registration Form:
INTERDISCIPLINARY CONFERENCE ON DELIRIUM

Name _____
Most Advanced Degree (initials) _____
Specialty/Position _____
Agency _____
Address _____
City, State, Zip _____
Home Phone # (____) _____ Business Phone # (____) _____
Preferred E-mail _____

The following information is requested for tracking purposes

Year of birth: _____ **Gender:** ____ F ____ M **Are you retired?** ____ Yes ____ No

What is your ethnicity? (Please check all that apply)

____ American Indian or Alaska Native ____ Black or African American
____ Native Hawaiian/Other Pacific Islander ____ Hispanic/Latino
____ Asian (Chinese, Filipino, Japanese, Korean, Asian Indian, Thai)
____ White ____ Other, specify _____

Primary Role (Check one):

____ Administrator/Manager ____ Academic Faculty
____ Healthcare Practitioner ____ In-service/Continuing Education Coordinator
____ Clinical Faculty ____ Resident
____ Fellow ____ Student, specify _____
____ Other, specify _____

What is your profession?

____ **Allopathic** ____ **Osteopathic** **Nursing**
____ Family Medicine ____ LPN
____ Internal Medicine ____ RN and/or BSN
____ CAQ in Geriatrics ____ NP

Other Disciplines

____ Clin. Psych/Counseling ____ Nursing Home Admin ____ Protective Services
____ EMT ____ Other Counseling ____ Public Health
____ Gerontology ____ Pharmacy ____ Rehabilitation
____ Health Aide/Med Assist. ____ Physician Assist. ____ Social Work
____ Health Education ____ Psychology ____ Soc/Behav. Sciences
____ Law Enf./Security ____ Other, specify _____

IF YOU ARE A DIRECT CARE PROVIDER: Do you spend at least 50% of your time in any of the following sites that serve underserved populations? (Check all that apply).

____ Community Health Center ____ Primary Care, Health Professional Shortage Area (HPSA)
____ Federally Qualified Health Center ____ Public Housing Primary Care
____ Governor Designated Area ____ State or Local Health Department
____ Health Care for Homeless ____ Rural Health Center
____ Mental Health Center ____ Other, specify _____
____ None are applicable to my practice

Please indicate the clinical sites in which you work. (Check all that apply). For each location, please indicate the number of patient encounters you have in an average day.

# of patients		# of patients	
____ Ambulatory Care Centers	_____	____ Nursing Homes	_____
____ Assisted Living	_____	____ Palliative Care	_____
____ Chronic & Acute Hospitals	_____	____ Senior Centers	_____
____ Home Care	_____	____ Senior Housing	_____
____ Hospice	_____	____ Telehealth	_____
____ Other	_____	____ I do not have regular therapeutic contact with patients.	

I would like CEUs for: ____ Medicine ____ Pharmacy ____ Nursing ____ Psychology ____ Social Work

Boxed Lunch Preference: ____ Ham ____ Turkey ____ Vegetarian

Cost: ____ General Registration \$60 fee ____ Student Registration \$25 fee

Make check payable to: The University of Akron

Credit card payment: ____ MasterCard ____ Visa ____ Am. Express ____ Discover

Print name as it appears on card _____

Card # _____ Exp. Date (mm/yyyy) _____ V-Code (3-digit # on back of card) _____

Credit card billing address _____

Fee paid _____ Cardholder Signature _____