



Emergency Procedures: Earthquake

Even in a severe earthquake, there is much you can do to prevent or minimize injuries or damage to property.

If you are inside:

- Stay calm.
- Watch for falling objects.
- Crawl under a table or desk, or stand in a doorway.
- Stay away from windows, mirrors, overhead fixtures, filing cabinets, bookcases, and electrical equipment.

If you are outside:

- Move to an open area away from buildings, trees, and power lines.
- If forced to stand near a building, watch for falling objects.

If you are in an automobile:

- Stop your vehicle in the nearest open area.
- Stay in the vehicle until shaking stops.

After an earthquake:

- Remain calm.
- Be prepared for aftershocks.
- Be guided by emergency personnel. If evacuation is ordered, proceed to the nearest clear exit.
- Do not move seriously injured persons unless they are in obvious immediate danger (of fire, building collapses etc.).
- Open doors carefully. Watch for falling objects.
- Do not use elevators.
- Do not use matches or lighters.
- Do not spread rumor.