

WHY NSE?

BREAK OUT OF YOUR COMFORT ZONE AND EXPERIENCE LIFE FROM A DIFFERENT POINT OF VIEW!

Kate Getting, Humboldt State University to the University of Alaska Southeast

The National Student Exchange (NSE) provides opportunities for you to **study** for a semester or a year **at another NSE college or university in the United States, Canada, Guam, Puerto Rico, and the U.S. Virgin Islands**. With nearly 200 universities from which to choose, you should be able to find a campus with just the right combination of courses, facilities, and environment to meet your personal and academic needs and interests.

Students participate in order to:

- Broaden personal and educational perspectives
- Explore and appreciate new cultures
- Access new courses
- Learn from different professors
- Explore new areas of study
- Experience personal growth
- Meet new people
- Make new friends
- Live in a different area
- Break out of their comfort zones
- Acquire life skills
- Investigate graduate or professional schools
- Look for future employment opportunities
- Become more independent and resourceful

If you qualify for participation, you will join the more than 94,000 students who have been placed in life-changing exchange situations which challenged their thinking, expanded their educational and personal experiences, and encouraged them to take risks and reap the rewards of doing so.

**Discover a Program
Which Will
Change Your Life!**

Eligibility

Each year more than 3000 students participate in NSE. They continue to make progress toward home campus degree programs while studying in new places, meeting new people, and enrolling in specialized courses or unique academic options which may not be available on their home campuses.

Exchange participation is a privilege, not a right. Listed below are the minimum requirements for NSE participation.

- Full-time enrollment at the home campus prior to exchange
- Cumulative 2.5 GPA (4.0 scale) or better
- Good standing (academic, personal, and financial)

There may be additional requirements and/or restrictions on exchange participation imposed by your home and/or host campus. You can learn of these from your campus NSE coordinator and from the *NSE Directory*.

Length of Exchange

You may participate in NSE for a single term or a full academic year. Some campuses can accommodate summer exchange. The maximum cumulative total for exchange participation may not exceed one calendar year.

Courses and Grades

Your home campus determines the manner in which your host campus courses are distributed and grades are recorded. Consult with your academic advisor regarding course selection prior to going on exchange and preferably during the time you are exploring possible host campuses. A written advising agreement, indicating how work completed at the host campus will fit into your home campus degree program, must be completed after placement and prior to leaving for your exchange site.

Cost

There are two tuition payment plans utilized by NSE.

- Under Plan A, you pay the resident (in-state or in-province) tuition/fees to your host campus.
- Under Plan B, you pay your normal tuition/fees to your home university.

On both tuition payment plans, fees which are assessed as a condition of enrollment (e.g., laboratory courses, general service, computer, technology, art and photography supplies) are paid to your host campus.

Room and meals are always paid to your host campus. You are responsible for transportation, personal expenses, and sightseeing opportunities while on exchange.

Financial Aid

With some exceptions, financial aid for eligible students is applied for, awarded by, and disbursed from the campus at which tuition/fees are paid. Ask your NSE coordinator.

Exploring Participation

The following are helpful resources as you consider exchange participation and select an appropriate exchange location.

- Meet with your NSE coordinator.
- Study the *NSE Directory*.
- Review member campus catalogs and course descriptions. (links at nse.org)
- Consult your academic advisor.
- Consider how much flexibility you have regarding course selection.
- Discuss participation with parents and significant others.
- Determine if financial resources are sufficient for your exchange.
- Talk to your financial aid counselor.

Application Process

Apply for exchange through your home campus NSE coordinator. The process includes a non-refundable application fee, a current transcript, letters of recommendation, goal statements for your exchange, biographical data, and a personal interview.

In addition to the eligibility criteria, other factors which may be considered in the application process include your flexibility, the ability to adapt to short-term relocation, clear academic and personal goals, support of your academic department, and a willingness to be a positive representative of your home campus to your exchange college or university.

Placement

Most placements are made through the negotiation of home and host coordinators at NSE's annual conference in early March. Annually, 97% of the applicants are placed at one of their campus choices. Placement probabilities are governed by the number of openings at an institution and the number of students seeking that location.

After Placement

Placements are confirmed by signing a *Placement Acceptance Form*. Upon receipt of the form, the host NSE coordinator will forward enrollment materials which usually include a housing application, an institutional admissions form, and registration information. All materials must be completed and returned by stated deadlines. At the end of the term preceding exchange you must have maintained all eligibility requirements applicable at the time of your application or your exchange will be cancelled.

2009-2010 Members

ALABAMA

Alabama A & M University (A/B)
Alabama State University (A/B)
University of Alabama (A/B)
University of Alabama at Birmingham (A/B)
University of Montevallo (A/B)

ALASKA

University of Alaska Anchorage (A/B)
University of Alaska Fairbanks (A/B)
University of Alaska Southeast (A/B)

ARIZONA

Northern Arizona University (A/B)
University of Arizona (B)

ARKANSAS

Arkansas State University (A/B)

CALIFORNIA

California Polytechnic State University,
San Luis Obispo (A/B)
California State Polytechnic University,
Pomona (A/B)
California State University, Bakersfield (A/B)
California State University, Chico (A/B)
California State University, East Bay (A/B)
California State University, Fresno (A/B)
California State University, Los Angeles (A/B)
California State University, Monterey Bay (B)
California State University, Northridge (A/B)
California State University, San Bernardino (A/B)
Humboldt State University (A/B)
San Jose State University (B)

COLORADO

Adams State College (A/B)
Colorado State University-Pueblo (A/B)
Fort Lewis College (A/B)
Mesa State College (A/B)
University of Colorado at Colorado Springs (B)
University of Northern Colorado (B)
Western State College of Colorado (A/B)

CONNECTICUT

Eastern Connecticut State University (B)

University of Connecticut (B)

DISTRICT OF COLUMBIA

Howard University (B)

FLORIDA

Florida International University (A/B)
New College of Florida (B)

GEORGIA

University of Georgia (B)

GUAM

University of Guam (A/B)

HAWAII

University of Hawaii at Hilo (A/B)
University of Hawaii at Manoa (A/B)

IDAHO

Boise State University (A/B)
Idaho State University (A/B)
University of Idaho (A/B)

ILLINOIS

Eastern Illinois University (A/B)
Illinois State University (A/B)

INDIANA

Ball State University (B)
Indiana University-Purdue University
Fort Wayne (B)
Indiana University-Purdue University
Indianapolis (B)

IOWA

Iowa State University (A/B)
University of Northern Iowa (B)

KANSAS

Fort Hays State University (B)
Kansas State University (B)
Wichita State University (B)

KENTUCKY

Morehead State University (B)
Murray State University (A/B)
University of Kentucky (B)
University of Louisville (B)

LOUISIANA

Grambling State University (A/B)
Louisiana State University (A/B)
Louisiana Tech University (B)
Northwestern State University (A/B)
Southern University (A/B)
University of New Orleans (A/B)

MAINE

University of Maine at Farmington (B)
University of Maine at Presque Isle (A/B)
University of Southern Maine (A/B)

MARYLAND

Bowie State University (B)
St. Mary's College of Maryland (B)
Towson University (B)

MASSACHUSETTS

Bridgewater State College (A/B)
Massachusetts College of Liberal Arts (A/B)
Suffolk University (B)
University of Massachusetts
at Amherst (A/B)

University of Massachusetts
at Boston (A/B)

Westfield State College (A/B)

MICHIGAN

Ferris State University (B)
Michigan Technological University (B)

MINNESOTA

Minnesota State University, Mankato (B)
Minnesota State University Moorhead (A/B)
University of Minnesota, Morris (A/B)
University of Minnesota, Twin Cities (A/B)

MISSISSIPPI

Jackson State University (A/B)
Mississippi State University (B)

MISSOURI

Missouri State University (A/B)
University of Missouri-St. Louis (A/B)

MONTANA

Montana State University (A/B)
University of Montana (A/B)

NEBRASKA

University of Nebraska at Kearney (A/B)

NEVADA

University of Nevada, Las Vegas (A/B)

NEW HAMPSHIRE

Keene State College (B)
Plymouth State University (B)
University of New Hampshire (B)

NEW JERSEY

Ramapo College of New Jersey (A/B)
Rutgers School of Arts and Sciences (A)
The College of New Jersey (A/B)
William Paterson University
of New Jersey (A/B)

NEW MEXICO

New Mexico Institute of Mining
and Technology (B)
New Mexico State University (B)
University of New Mexico (B)

NEW YORK

Binghamton University (A/B)
Queens College,
City University of New York (A/B)

Skidmore College (B)

Stony Brook University (A/B)

SUNY College at Buffalo (A/B)

SUNY Plattsburgh (A/B)

SUNY Potsdam (A/B)

NORTH CAROLINA

North Carolina Central University (A/B)
North Carolina State University (A/B)
University of North Carolina at Asheville (B)
University of North Carolina
at Wilmington (B)

OHIO

Cleveland State University (A/B)
Kent State University (B)

OKLAHOMA

East Central University (A/B)
Oklahoma State University (A/B)

OREGON

Eastern Oregon University (A/B)
Oregon State University (A/B)
Portland State University (A/B)
Southern Oregon University (A/B)
University of Oregon (A/B)
Western Oregon University (A/B)

PENNSYLVANIA

California University of Pennsylvania (A/B)
East Stroudsburg University
of Pennsylvania (A/B)
Indiana University of Pennsylvania (A/B)
Kutztown University of Pennsylvania (A/B)
West Chester University
of Pennsylvania (A/B)

PUERTO RICO

Inter American University of Puerto Rico,
Barranquitas (A/B)
Inter American University of Puerto Rico,
San German (A/B)
Polytechnic University of Puerto Rico (A/B)
Universidad del Sagrado Corazon (A/B)
University of Puerto Rico, Bayamon (A/B)
University of Puerto Rico, Cayey (A/B)
University of Puerto Rico, Humacao (A/B)
University of Puerto Rico, Mayaguez (A/B)
University of Puerto Rico, Rio Piedras (A/B)

RHODE ISLAND

Rhode Island College (B)
University of Rhode Island (A/B)

SOUTH CAROLINA

College of Charleston (B)
South Carolina State University (B)
University of South Carolina-Columbia (B)
Winthrop University (B)

SOUTH DAKOTA

South Dakota State University (A/B)
University of South Dakota (A/B)

TENNESSEE

East Tennessee State University (A/B)
Tennessee State University (A/B)
University of Memphis (A/B)
University of Tennessee (A/B)
University of Tennessee at Chattanooga (A/B)
University of Tennessee at Martin (B)

TEXAS

Prairie View A&M University (A/B)
Texas A & M University (A/B)
Texas State University - San Marcos (A/B)
University of North Texas (A/B)
University of Texas at San Antonio (A/B)

U.S. VIRGIN ISLANDS

University of the Virgin Islands
at St. Croix (A/B)
University of the Virgin Islands
at St. Thomas (A/B)

UTAH

Southern Utah University (A/B)
University of Utah (A/B)
Utah Valley University (A/B)

VERMONT

Johnson State College (A/B)

VIRGINIA

Virginia State University (B)

WASHINGTON

Central Washington University (A/B)
University of Washington (A/B)
Washington State University (B)

WEST VIRGINIA

Marshall University (B)
West Virginia University (A/B)

WISCONSIN

University of Wisconsin-Eau Claire (B)
University of Wisconsin-Green Bay (B)
University of Wisconsin-La Crosse (B)
University of Wisconsin Oshkosh (B)
University of Wisconsin-Platteville (B)
University of Wisconsin-River Falls (B)
University of Wisconsin-Stout (B)
University of Wisconsin-Superior (B)
University of Wisconsin-Whitewater (B)

WYOMING

University of Wyoming (A/B)



*Two roads diverged
in a wood,
and I -
I took the one
less traveled by,
and that has made
all the difference.*

Robert Frost

FOR MORE INFORMATION:

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[www.csuohio.edu/offices/international/
nse/](http://www.csuohio.edu/offices/international/nse/)

A = Students pay resident (in-state or in province)
tuition/fees to their host campus.

B = Students pay normal tuition/fees to their home
campus.

*NSE is the
ultimate college
experience!*

*Going away not only
creates a sense of
independence, but every
door of life is opened -
culturally, academically,
and socially.*

Michelle Ankenbauer
SUNY College at Buffalo
to the University of South Carolina-Columbia



**STUDY AT ANOTHER UNIVERSITY
IN THE UNITED STATES,
CANADA, GUAM, PUERTO RICO,
AND THE U.S. VIRGIN ISLANDS**