

MASTER OF EDUCATION IN SCHOOL HEALTH EDUCATION

INTRODUCTION

This Curriculum and Instruction Master's degree program focuses on school health education and can include licensure in health education. Students analyze and interpret current research in the health field and become knowledgeable in areas of primary concern, such as recent developments and trends in school health education, the impact of health on academic success, development of school wellness policies, and implementation of a coordinated school health program.

Two program options are available: (1) Master's degree, or (2) a Master's degree and second licensure for current holders of a multi-age teaching license.

CAREER INFORMATION

This degree qualifies graduates to move from entry-level positions in education to career positions with increased leadership responsibility. The degree enables classroom teachers to advance their careers and provides second licensure as needed. Prospects for career advancement in school settings are favorable at this time because of population shifts and staff retirements. In addition, opportunities in business and communities have increased as society has become more committed to lifelong learning.

PROGRAM DESCRIPTION

Each program consists of courses that address the core areas of technology, research methods, health behavior theory development and curriculum theory and instruction. Students complete a specialization area consisting of selected courses that include coordinated school health programs, programs planning, program evaluation, instructional methods and assessment, as well as topical courses focused on substance abuse education, human sexuality and nutrition education.

Electives and a required practicum experience may also be required, depending on track selected. The required capstone experience is completing a comprehensive examination or a thesis. Classes typically meet for three or four hours once a week in the evenings; average class size is about 16-20 students.

In addition to CSU faculty, the program benefits from our location in a health-centered region and features a variety of health practitioners who share their expertise and networks.

RESEARCH

Program faculty have a range of research interests and often collaborate with faculty in other health-related programs on campus, faculty from other universities and with health professions in a range of community agencies at the local, state and national levels.

Current research interests include health risk behaviors of students, program development and alignment, and service learning. A limited number of graduate assistantships are available for qualified students.

DEGREE REQUIREMENTS

Students must complete the college core and the selected specialization track while adhering to College/University policies regarding GPA. Finally, there is a culminating experience (typically passing the comprehensive examination or writing a thesis) to complete the degree requirements.

For admission information contact:

Cleveland State University
Graduate Admissions Office
2258 Euclid Ave.
Cleveland OH 44115
216.687.5599
www.csuohio.edu/gradcollege

For program information contact:

Dr. Judith Ausherman
Coordinator,
School Health Education
Department of Health,
Physical Education,
Recreation & Dance
Julka Hall JH 164
216.687.4870

