

**SUMMA HEALTH SYSTEM HOSPITALS
MEDICAL STAFF POLICIES AND PROCEDURES**

SUBJECT: Do Not Resuscitate (DNR)			
Section:	VI	Page:	3.1
Last Review Date:	9/02	Revised Date:	9/02

Approval: Medical Executive Committee	Date:	10/02
Board of Directors	Date:	10/02

POLICY:

Full cardiopulmonary resuscitation will be administered in the event of an arrest unless otherwise directed by the patient's attending physician, another designated physician, or by the patient presenting valid State DNR identification in accordance with the Ohio's new DNR rules and protocol, that became effective on May 20, 1999.

Definition:

1. **State of Ohio DNR Comfort Care:** Becomes effective immediately upon execution of the order at which time the Do Not Resuscitate protocol outlined below must be followed.

**FOR PATIENTS FOR WHOM STATUS DNR PROTOCOL HAS BEEN ACTIVATED,
YOU WILL:**

- Suction the airway
- Administer oxygen
- Position for comfort
- Splint or immobilize
- Control bleeding
- Provide pain medication
- Provide emotional support
- Contact other appropriate health care providers such as hospice, home health attending physician/CNS/CNP

WILL NOT:

- Administer chest compressions
- Insert artificial airway
- Administer resuscitative drugs
- Defibrillate or cardiovert
- Provide respiratory assistance (other than that listed above)
- Initiate resuscitative IV
- Initiate cardiac monitoring

NOTE: If staff has responded to an emergency situation by initiating any of the "will not" actions prior to confirming that the DNR protocol should have been activated, these interventions must be discontinued and the protocol should be activated. Respiratory assistance, IV medications, etc. that have been a part of the patient's ongoing course of treatment for any underlying disease, may be continued.

2. **State of Ohio DNR Comfort Care – Arrest:** Becomes DNR only in the event of cardiac or respiratory arrest, at which time the Do Not Resuscitate protocol outlined below must be followed.

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SUBJECT: Do Not Resuscitate (DNR)			
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Board of Directors	Date:	10/02

3. **Summa DNR Comfort Care:** This is consistent with the State of Ohio's definition of DNR Comfort Care.
4. **Summa DNR Comfort Care – Arrest:** This is consistent with the State of Ohio's definition of DNR Comfort Care-Arrest.

The physician writing the order must specify whether mechanical ventilation (which includes (Bipap) is to be used.

PROCEDURE:

Responsibility: Registered Nurse/Registration

1. **State of Ohio DNR Identification:**

When a patient presents for admission at Registration, they will be asked if they have an advance directive (see Advance Directive Policy). This information will be documented on the Registration record.

If the patient has a State of Ohio DNR order, the specific type (DNR Comfort Care or DNR Comfort Care – Cardiac Arrest) and form of Do Not Resuscitate identification present with the patient will be included on the registration record. If the patient/family state they have a State of Ohio DNR order, but it is not present at the time of admission, reasonable attempts will be made to secure valid identification or a valid copy of the DNR order by the nursing staff.

DNR identification may include a bracelet or necklace (engraved with the patient's name), a card, another advance directive with DNR language, DNR order, or DNR form.

Upon admission to the nursing unit, the registered nurse will verify the type of DNR specified by the patient by viewing the DNR identification.

Once a valid DNR order or identification has been secured, it will be honored as per the State of Ohio protocol unless there is a physician order to the contrary. The State DNR form can serve as the order.

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Board of Directors

Date: 10/02
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Place an appropriately completed DNR identification band on the patient, print patient and physician name, check box for type of DNR (DNR Comfort Care or DNR Comfort Care-Cardiac Arrest), place name band on patient verifying identification with order and patient's identification band.

Responsibility: Physician

2. Do Not Resuscitate Orders:

The attending physician, Emergency Department physicians, or house staff physicians may use the Summa Health System DNR order form or the State of Ohio DNR form when writing DNR orders.

The attending physician may be the physician of record, or a consulting physician who is writing the patient's orders or directing the patient's care.

The attending physician is responsible for discussing the order with the patient or family and documenting this discussion.

The physician shall also document the grounds for the order on the patient's record at the time the order is written.

Responsibility: Registered Nurse

3. Telephone Orders:

Telephone orders for DNR may be accepted by a registered nurse from the attending physician.

Telephone orders may not be accepted from house staff physicians.

Responsibility: Physician/Registered Nurse

4. Countersignature

Within 24 hours, the attending physician must countersign telephone orders taken by registered nurses, orders written by house staff, and orders written by Emergency Department physicians.

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SUBJECT: Do Not Resuscitate (DNR)

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Board of Directors

Date: 10/02
Date: 10/02

If an order is not countersigned, the registered nurse is to contact the attending physician to determine whether or not the DNR is to continue.

5. Transferability:

If DNR/Comfort Care status is to be continued, a DNR State of Ohio order must follow the patient when the patient is transferred to another health care facility, or when the patient is discharged home.

A copy of the State DNR order form will also be given to the patient and/or sent with the patient if the patient is being discharged to another health care facility or to home.

6. Surgery or Invasive Procedures:

Prior to any major invasive procedure with or without anesthesia, full ramifications of an existing DNR order must be discussed by the attending physician, procedurist or anesthesiologist with the patient or family. The DNR order may be rescinded for a time as defined by the attending physician depending on that review. The existing order should be crossed out and noted as "rescinded."

When the physician is ready to reinstate the DNR order, a new order must be written.

7. Removing/Revoking a State of Ohio DNR Order:

A DNR order shall be revoked as requested by the patient.

A patient may revoke his/her State of Ohio DNR status by oral or written request to receive CPR, destroying the DNR form or wallet card, permanently removing the necklace or bracelet, or revoking the declaration containing the DNR.

The attending physician may revoke any DNR order by writing an order discontinuing the DNR order.

- 8.** If a patient presents to Summa Health System Hospitals with proper State of Ohio DNR identification, the admitting physician will write an order on the Summa Health System DNR order sheet. This order will state the DNR status, along with grounds for the order (i.e., bracelet, necklace, wallet card or DNR order form), together with the name of the physician who wrote the order. If the patient/family has the order form with them, a copy will be placed on the patient's chart.

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Board of Directors

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Date: 10/02

9. A copy of the State of Ohio DNR form Comfort Care form and the Summa Health System Hospitals form is attached to this policy.
10. The registered nurse is to contact the nursing manager/supervisor for questions or for clarification. If needed, the nursing manager/supervisor will contact the Legal Department staff for assistance/clarification.

DEPARTMENT OF PATIENT CARE SERVICES
PATIENT CARE POLICY AND PROCEDURE

POLICY: Full cardiopulmonary resuscitation will be administered in the event of an arrest unless otherwise directed by the patient's attending physician, another designated physician, or by the patient in accordance with the Ohio's new DNR rules and protocol, that became effective on May 20, 1999.

DEFINITIONS: 1. **State of Ohio DNR Comfort Care:** Becomes effective immediately upon execution of the order at which time the Do Not Resuscitate protocol outlined below must be followed.

C

FOR PATIENTS FOR WHOM STATUS DNR PROTOCOL HAS BEEN ACTIVATED, YOU

WILL:

- Suction the airway
- Administer oxygen
- Position for comfort
- Splint or immobilize
- Control bleeding
- Provide pain medication
- Provide emotional support
- Contact other appropriate health care providers such as hospice, home health, attending physician/CNS/CNP

WILL NOT:

- Administer chest compressions
- Insert artificial airway
- Administer resuscitative drugs
- Defibrillate or cardiovert
- Provide respiratory assistance (other than that listed above)
- Initiate resuscitative IV
- Initiate cardiac monitoring

NOTE: If staff have responded to an emergency situation by initiating any of the "will not" actions prior to confirming that the DNR protocol should have been activated, these interventions **must be discontinued** and the protocol should be activated. Respiratory assistance, IV medications, etc. that have been a part of the patient's ongoing course of treatment for any underlying disease, **may** be continued.

C

2. **State of Ohio DNR Comfort Care – Arrest:** Becomes DNR only in the event of cardiac or respiratory arrest, at which time the Do Not Resuscitate protocol outlined above must be followed.

3. **Summa DNR Comfort Care:**

C

This is consistent with the State of Ohio's definition of DNR Comfort Care.

C

4. **Summa DNR Comfort Care – Arrest:** This is consistent with the State of Ohio's definitions of DNR Comfort Care – Arrest.

The physician writing the order must specify whether mechanical ventilation (which includes Bipap) is to be used.

PROCEDURE: (Continued)

Responsibility: Registered Nurse/Registration

1. State of Ohio DNR Identification:

- When a patient presents for admission at Registration, they will be asked if they have an advance directive (see Advance Directive Policy). This information will be documented on the Registration record.
- If the patient has a State of Ohio DNR order, the specific type (DNR Comfort Care or DNR Comfort Care – Cardiac Arrest) and form of Do Not Resuscitate identification present with the patient will be included on the registration record. If the patient/family state they have a State of Ohio DNR order, but it is not present at the time of admission, reasonable attempts will be made to secure valid identification or a valid copy of the DNR order by the nursing staff.
- DNR identification may include a bracelet or necklace (engraved with the patient's name), a card, another advance directive with DNR language, DNR order, or DNR form.
- Upon admission to the nursing unit, the registered nurse will verify the type of DNR specified by the patient by viewing the DNR identification.
- Once a valid DNR order or identification has been secured, it will be honored as per the State of Ohio protocol unless there is a physician order to the contrary. The State DNR form can serve as the order.
- Place an appropriately completed DNR identification band on the patient
 - Print Patient & Physician name
 - Check box for type of DNR (DNR Comfort Care or DNR Comfort Care-Cardiac Arrest)
 - Place name band on patient verifying identification with order and patient's identification band

C

Responsibility: Physician

2. Do Not Resuscitate Orders:

- The attending physician, Emergency Department physicians, or house staff physicians may use the Summa Health System DNR order form or the State of Ohio DNR form when writing DNR orders.
- The attending physician may be the physician of record, or a consulting physician who is writing the patient's orders or directing the patient's care.
- The attending physician is responsible for discussing the order with the patient or family and documenting this discussion.
- The physician shall also document the grounds for the order on the patient's record at the time the order is written.

Responsibility: Registered Nurse

3. Telephone Orders:

- Telephone orders for DNR may be accepted by a registered nurse from the attending physician.
- Telephone orders may not be accepted from house staff physicians.

Responsibility: Physician/Registered Nurse

PROCEDURE: (Continued)

4. Countersignature

- Within 24 hours, the attending physician must countersign telephone orders taken by registered nurses, orders written by house staff, and orders written by Emergency Department physicians.
- If an order is not countersigned, the registered nurse is to contact the attending physician to determine whether or not the DNR is to continue.

5. Transferability:

- If DNR/Comfort Care status is to be continued, a DNR State of Ohio order must follow the patient when the patient is transferred to another health care facility, or when the patient is discharged home.
- A copy of the State DNR order form will also be given to the patient and/or sent with the patient if the patient is being discharged to another health care facility or to home.

6. Surgery or Invasive Procedures:

- Prior to any major invasive procedure with or without anesthesia, full ramifications of an existing DNR order must be discussed by the attending physician, procedurist or anesthesiologist with the patient or family. The DNR order may be rescinded for a time as defined by the attending physician depending on that review. The existing order should be crossed out and noted as "rescinded."
- When the physician is ready to reinstate the DNR order, a new order must be written.

7. Removing/Revoking a State of Ohio DNR Order:

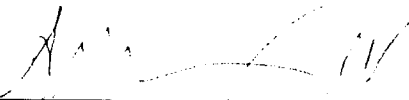
- A DNR order shall be revoked as requested by the patient.
- A patient may revoke his/her State of Ohio DNR status by oral or written request to receive CPR, destroying the DNR form or wallet card, permanently removing the necklace or bracelet, or revoking the declaration containing the DNR.
- The attending physician may revoke any DNR order by writing an order discontinuing the DNR order.

8. If a patient presents to Summa Health System Hospitals with proper State of Ohio DNR identification, the admitting physician will write an order on the Summa Health System DNR order sheet. This order will state the DNR status, along with grounds for the order (i.e., bracelet, necklace, wallet card or DNR order form), together with the name of the physician who wrote the order. If the patient/family has the order form with them, a copy will be placed on the patient's chart.


9. A copy of the State of Ohio DNR form Comfort Care form and the Summa Health System Hospitals form is attached to this policy.

10. The registered nurse is to contact the nursing manager/supervisor for questions or for clarification. If needed, the nursing manager/supervisor will contact the Legal Department staff for assistance/clarification.

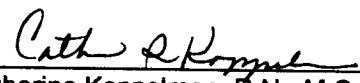
PROCEDURE: (Continued)



Ethics Committee



Barb Brunt, MA, RN, C
Manager, Nursing Education and
Staff Development



Catherine Koppelman, R.N., M.S.N.
Vice President, Patient Care Service

BB:tc:pr.sc:jf:H:\Educ\PP\DNR\ACH 8/12/01

ORIGINAL DATE: ACH: 5/75
STH: 8/91
REVISED DATE: ACH: 9/93, 8/93, 1/96
STH: 5/93, 8/93, 1/96
SHS: 1/98, 10/99, 8/01

DO NOT RESUSCITATE ORDERS

- THE FOLLOWING ORDERS VERIFY THAT THE ATTENDING PHYSICIAN HAS DISCUSSED AND RECEIVED APPROVAL FROM THE PATIENT OR INDIVIDUAL WHO IS RESPONSIBLE FOR THE PATIENT AND HAS DOCUMENTED SAME IN THE PROGRESS NOTES.
- CHECK THE DO NOT RESUSCITATE ORDERS DESIRED, OTHER SPECIFIC ORDERS ARE ACCEPTABLE IF CLEARLY STATED IN THE CHART AND EXPLAINED TO THE NURSING STAFF.
- THE DO NOT RESUSCITATE ORDERS WILL BE REVIEWED PERIODICALLY AND MAY BE RESCINDED WHEN INDICATED BY A CHANGE IN THE PATIENT MEDICAL CONDITION OR WHEN PATIENT/FAMILY WISHES.

- 1. HONOR THE STATE OF OHIO DO NOT RESUSCITATE COMFORT CARE FORM ATTACHED.
- 2. DO NOT RESUSCITATE SUMMA COMFORT CARE

NOTE: THE SUMMA COMFORT CARE ORDERS MAY BE USED.

Comfort Measures Only

No Cardiopulmonary Resuscitation

No NEW Life Sustaining Measures will be initiated

No Intubation or Ventilatory Support **NOT PREVIOUSLY INSTITUTED**

No Transfer to Critical Care Units

Page House Officer if applicable

- 3. DO NOT RESUSCITATE - FULL MEDICAL MANAGEMENT

NOTE: THIS ORDER REPLACES ANY STATE OF OHIO DNR COMFORT CARE ORDER CURRENTLY HELD BY THE PATIENT.

House Officer will be STAT paged, if applicable.

Care given shall be everything short of cardiopulmonary resuscitation, unless specifically ordered not to be given

Therapy may include:

Note: If neither yes or no is checked, the therapy WILL BE GIVEN:

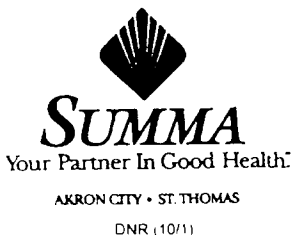
- No Yes Transfer to Critical Care Units
- No Yes Defibrillation
- No Yes Intubation
- No Yes Ventilator
- No Yes Central Line
- No Yes Invasive Hemodynamic Monitoring (swan ganz catheter, arterial line, etc.)
- No Yes Pressors
- No Yes Blood Products
- No Yes Other (special instructions)

PHYSICIAN SIGNATURE _____

M.D.

IF A STATE OF OHIO DNR COMFORT CARE OR DNR COMFORT CARE/ARREST IS DESIRED UPON DISCHARGE, A STATE OF OHIO DNR FORM MUST BE COMPLETED AND SENT WITH THE PATIENT AT THAT TIME.

IMPRINT AREA





DNR IDENTIFICATION FORM

DNRCC

(If this box is checked the DNR Comfort Care Protocol is activated immediately.)

DNRCC—Arrest

(If this box is checked, the DNR Comfort Care Protocol is implemented in the event of a cardiac arrest or a respiratory arrest.)

Patient Name: _____

Address: _____

City _____ State _____ Zip _____

Birthdate _____ Gender M F

Signature _____ (optional)

Certification of DNR Comfort Care Status (to be completed by the physician)*

(Check only one box)

Do-Not-Resuscitate Order—My signature below constitutes and confirms a formal order to emergency medical services and other health care personnel that the person identified above is to be treated under the State of Ohio DNR Protocol. I affirm that this order is not contrary to reasonable medical standards or, to the best of my knowledge, contrary to the wishes of the person or of another person who is lawfully authorized to make informed medical decisions on the person's behalf. I also affirm that I have documented the grounds for this order in the person's medical record.

Living Will (Declaration) and Qualifying Condition—The person identified above has a valid Ohio Living will (declaration) and has been certified by two physicians in accordance with Ohio law as being terminal or in a permanent unconscious state, or both.

Printed name of physician*: _____

Signature _____ Date _____

Address: _____ Phone _____

City/State _____ Zip _____

* A DNR order may be issued by a certified nurse practitioner or clinical nurse specialist when authorized by section 2133.211 of the Ohio Revised Code.

See reverse side for DNR Protocol



DO NOT RESUSCITATE COMFORT CARE PROTOCOL

After the State of Ohio DNR Protocol has been activated for a specific DNR Comfort Care patient, the Protocol specifies that emergency medical services and other health care workers are to do the following:

WILL:

- Suction the airway
- Administer oxygen
- Position for comfort
- Splint or immobilize
- Control bleeding
- Provide pain medication
- Provide emotional support
- Contact other appropriate health care providers such as hospice, home health, attending physician/CNS/CNP

WILL NOT:

- Administer chest compressions
- Insert artificial air way
- Administer resuscitative drugs
- Defibrillate or cardiovert
- Provide respiratory assistance (other than that listed above)
- Initiate resuscitative IV
- Initiate cardiac monitoring

If you have responded to an emergency situation by initiating any of the **WILL NOT** actions prior to confirming that the DNR Comfort Care Protocol should be activated, discontinue them when you activate the Protocol. You may continue respiratory assistance, IV medications, etc., that have been part of the patient's ongoing course of treatment for an underlying disease.